

## Pastor's Corner

Perhaps you've seen those posters that have a large picture with a black background and a large word with a smart little saying underneath. The word underneath is usually something like, "Integrity, Success, or Serenity." You've likely seen posters like these in schools or offices where morale and motivation are continually encouraged.

I found a poster on line this week in much the same style that had a large white blank spot where the picture was to be and underneath it read, "Procrastination: I'll find a picture later." As it's been said, "Hard work often pays off after time, but laziness always pays off right away." Yes, we often try to make light of it but according to a 2003 article from *Psychology Today*, some 20% of people identify themselves as chronic procrastinators.

I would suppose we all have a fault in this area at some level. Perhaps it's a garage that needs cleaning, a letter that needs writing, or a refrigerator that needs cleaning out. Whatever the task, if it involves a degree of unpleasantness, we will often find an excuse as to why we need to wait before tackling that particular agenda item. When it comes to our walk with Christ, we are often tempted to put off what needs tending to today. Whether it's forgiving our neighbor for something they did to us or asking for forgiveness for something we did to them, the temptation is to avoid the initial discomfort that such a decision sometimes requires. Maybe you've been procrastinating with regards to some kind of reform that needs to transpire in your life. Perhaps it's your choice of entertainment or your dietary practices. Perhaps you've excused yourself by pointing fingers at the legalists around you or with the idea that nobody is perfect. But all the while you know that simple changes could be made if you would just not procrastinate.

Today as we continue our series entitled, "Excuses," I would encourage you to join me in reflecting upon those areas of our life that need attention that have been put off far too long. After all, **Maybe Later** will be too late.

Pastor Jeremy Arnall



# Greeneville Seventh-day Adventist Church

## Our Vision

Knowing & experiencing God through active,  
Spirit-led relationships, anticipating Jesus' soon  
return

## Our Mission

Building relationships with Christ, church, and  
community through loving, learning, living, & leading

## UPCOMING EVENTS

*AYA this evening at 5:00 -  
Come this evening and explore how to  
develop effective outreach programs,  
used for both family and church  
outreach in systematic manner.  
Walt Cross in charge.*

**Today's Offering:** GC Session Project (WB)

**Next Week:** Church Budget

**Presiding Elder:** Ken Mathews

**Next Week:** J. R. McKinney

**Today's Charge Deacon:** Walter Cross, Jr.

**Next Week:** Larry Haney

**AV:** D. Wente/M. Wente

**Next Week:** J. Grose/J. Krentz

**Camera:** Carson Cross

**Next Week:** Josh Dietrich

**Tape Ministries:** Rodney Spillman

**Next Week:** Buck Conner

**Receptionists:** Michael & Jeanne Odell; Joyce Wince, Amanda Crosby

**Next Week:** Carlton & Olga Walton; Ed & Virginia Bagwell

**Today's Music Coordinator:** Ken Mathews/Leroy Wanamaker

**Next Week:** Lynda Nelson/Barbara Myers

## THIS WEEK'S SCHEDULE

**TODAY Jan. 30**

4:00 p.m. Hospital singing

5:00 p.m. AYA

**SUNDAY Jan. 31**

1:30 – 8:30 Pictures taken for directory

**MONDAY Feb. 1**

1:30 – 8:30 Pictures taken for directory

7:00 p.m. CHIP

**TUESDAY Feb. 2**

1:30 - 8:30 Pictures taken for directory

6:00 p.m. CHIP

**WEDNESDAY Feb. 3**

1:30 – 8:30 Pictures taken for directory

10:30 a.m. Prayer Meeting (Patriarchs & Prophets)

7:00 p.m. Prayer Meeting

7:00 p.m. The Light & The Lampstand, Youth Room

**THURSDAY Feb. 4**

1:30 – 8:30 Pictures taken for directory

7:00 a.m. CHIP

**FRIDAY Feb. 5**

7:00 p.m. Enteraction Small Group

**NEXT SABBATH Feb. 6**

9:30 a.m. Sabbath School – Keith Nelson

11:00 a.m. Worship Service – Pastor Jeremy, speaker

The celebration of Sabbath ends today at 5:56 p.m.  
and begins next Friday at 6:03 p.m.

**WELCOME** – All are welcome in our worship services! Each one of you is important to God and to us as well. May you find God's grace here and be blessed by this worship service.

**FAMILY FUN STAYcation!** – Looking for a weekend get-away? Strengthen your family ties by spending a weekend together in nature, worship and play. Come join us February 26-28 at Cohutta Springs Camp. Registration forms are in the church foyer or download one from our website, [www.gccsda.com](http://www.gccsda.com) under the section Family Ministries. Questions? Contact Donna Crandall at 800-567-1844, ext. 342, or [dcrandall@gccsda.com](mailto:dcrandall@gccsda.com).

**MEMBERSHIP TRANSFERS: 2nd Reading**

IN: William & Jacqueline Boomsliker from Grand Junction, CO; Scott & Leisa Maxwell from Brunswick, ME.

**GCC HIGH SCHOOL RETREAT** – This dynamic and life-changing weekend is at Cohutta Springs Youth Camp on Feb. 5-7, 2010. It is a special and unique Bible Conference for SDA youth, grades 9-12, who are not attending SDA schools. For more information, go to the Youth Ministries page at [gccsda.com](http://gccsda.com) or contact Alyse at 800-567-1844, ext. 346 or [alyse@gccsda.com](mailto:alyse@gccsda.com).

**A TITHE ENVELOPE** was found with cash in it. There was no name on the envelope nor was it directed to any fund. If you have misplaced it, please contact the church office.

**SUNSHINE BAND MINISTRY** – Please join us this afternoon at 3:00 p.m. at Signature Health Care, 106 Holt Ct. You will receive a blessing as you share one.

**YEAR END STATEMENTS** are available today at the back entrance.

**PRAYER JOURNAL:** In an effort to keep a record of those who are in need of prayer we are beginning a prayer journal on the table in the foyer. Please feel free to enter your request for prayer during prayer time.

**YOUNG ADULT/LIFE GROUP EXPERIENCE** – Feb 5-7, 2010 at Cohutta Springs Youth Camp. This will be a power-packed weekend of getting into God's word, experiencing Life Group ministry and learning how simple it is to reach out to other young adults. For more information, contact Alyse at 800-567-1844, ext. 346 or [alyse@gccsda.com](mailto:alyse@gccsda.com).

**FELLOWSHIP LUNCH THIS WEEK** is canceled. Due to the lack of leaders for fellowship groups fellowship lunch will be held every other week. If you would be willing to lead a team please contact Elaine in the church office.

**FELLOWSHIP LUNCH NEXT WEEK** is hosted by Scott & Karyn Felan, Jesse & Marilyn Felan, Michael & Jeanne Odell, Ed & Jackie Horton, Rodney Spillman, Howard & Bette Parker, Jay Grose, Brad & Donna Stanton, Curtis & Amanda Robinson, Leona Greene, Jerry & Dawn Krentz, Joyce Wine, Brenda Crawford, Dennis & Brenda Silva, Eileen Seeley, Vernon & Opal Silva, Keith & Andrea Nelson, Jerry & Patti Cohen, Steve & Tara Cohen, Kathy Seeley, Gayle Garrett, Orison & Helen Achenbach.

**CALLING ALL 8-11<sup>TH</sup> GRADERS!!** Register now for the Georgia Cumberland Academy Days, March 12 & 13. You will experience Academy life at its best. See our athletic teams play, hear our choirs, orchestra, band, see the dorm, and really get a taste of academy life. The entire weekend is FREE!!! Sign up today, have your friends sign up as well at [www.gccsda.org](http://www.gccsda.org) and click on "Academy Days". Fill out the online registration and that's it. WE WILL SEE YOU THERE!!! For any questions please call Dawn Lemaitre, 706-625-7148.

**MAKING A DIFFERENCE IN SPOUSE ABUSE: Becoming a First Responder and Advocate** is a free seminar designed to equip church members to be prepared with a caring response for those who suffer from domestic violence. The seminar will represent findings from two important research studies that reveal the impact of spouse abuse on SDA church members. Participants will hear the testimony of an abuse victim, receive a resource packet and learn effective first steps for dealing with this difficult problem. This training opportunity will be presented by Dr. Rene Drumm, Professor of Social Work at Southern Adventist University, and her colleagues from the SDA Abuse Response training team. It will take place Saturday, Feb. 6, 2010 from 2:30-5:30 PM at the Bowman Hills Seventh-day Adventist Church, 300 Westview Dr., NE, Cleveland, TN 37312. For more information or to pre-register for the seminar (please include your name, email, address, and phone number) contact [sdaabuseresponse@southern.edu](mailto:sdaabuseresponse@southern.edu) or visit [sdaabuseresponse.org](http://sdaabuseresponse.org).

**IGNITING THE FIRE, SPREADING THE FLAME:** for the Prayer Conference over the weekend of Feb. 19-21 will soon be ending. A special feature of this year's program will be an interactive Prayer Room that will be specially set up for all participants to experience. Also, our speakers, Pastor Jerry and Janet Page and Marti Schneider will be sharing inspirational presentations on how to tap into the power of God in your life, your family and in your church! In addition Message of Mercy singing group will be ministering in song throughout the weekend. Call Elaine Cash at Cohutta Springs 706-695-9093 this

week to make your registration or see [www.gccsda.com/register](http://www.gccsda.com/register) for further details.

**MUSTARD SEED LUNCH TAKEOUTS** – In an effort to address the healthy lifestyle educational needs of our communities, the Mustard Seed is now offering lunch takeouts, Monday – Friday 11:00 – 2:00 p.m. If you have know of individuals who would be interested in exploring a healthy lifestyle change, point them in the Mustard Seed's direction. Also, to widen the educational effect, menus will vary daily. Recipes are available with meals. For more information, call 423-623-4091. Please keep this new health outreach ministry in your prayers.

<b>SABBATH SCHOOL DIRECTORY</b>	
<u>Adult Classes</u>	
Sanctuary, Jan. 30 .....	Milton Siepman
Sanctuary, Feb. 6 .....	Lyndon Gallimore
Family Room.....	Jim Clayburn
Fellowship Hall .....	J. R. McKinney
Fellowship Hall.....	Ken Mathews
Fellowship Hall – Young Adult 19-29 .....	Knecht/Cross
Fellowship Hall.....	Michael Odell
Pastor's Office (Women's Class).....	Patti Cohen
<u>Children's and Youth Classes</u>	
Cradle Roll	Ages Birth - 4
Kindergarten	Ages 4 – 1 <sup>st</sup> Grade
Primary	Grades 2-4
Juniors	Grades 5 & 6
Earliteen	Grades 7 & 8
Youth	Grades 9 - 12
<i>For directions, ask someone at the Welcome Center in the foyer for assistance. They'll be glad to help!</i>	

<i>Give Online at <a href="http://Greenevilleadventist.org">Greenevilleadventist.org</a></i>
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# WORSHIP AND PRAISE

January 23, 2010

11:00 A.M.

Prelude Lynda Nelson, Organist

## Fellowship, 10:45 a.m.

Welcome Pastor Jeremy Arnall

Ministry Focus Pastor Jeremy

Hymns of Praise Ken Mathews & Leroy Wanamaker

## Praise, 11:00 a.m.

Introit \*Kneel *Excuses* See Below

Invocation Pastor Jeremy Arnall

Opening Hymn *Tis So Sweet...* 524

\*Offering & Sacrifice/\*\*Lamb's Offering Ann Siepman  
Children's Story Dawn Krentz

## Prayer

Scripture Joshua 24:14-15 Brooke Bridges  
Prayer Ben Dyer

## Proclamation

Special Music

Sermon "Excuses: Maybe Later" Pastor Jeremy

Closing Hymn *We Know Not the Hour* 604

Benediction Pastor Jeremy

Postlude Lynda Nelson, Organist

Garden of Prayer Ken Mathews

\*Church budget \*\*Adventist Community Services

## Excuses

Excuses, excuses, you'll hear them every day  
And the Devil he'll supply them, if the church you stay away  
When people come to know the Lord, the Devil always loses  
So to keep them folks away from church,  
he offers them excuses

# CHURCH AT STUDY

9:15 A.M.

Hymns of Praise Rick Dietrich

Opening Hymn *Give Me the Bible* 272

Scripture/Prayer Amos 8:11 & 12 Nick Knecht

Welcome/Comments Eilene Strong

Mission Story Rick Velez

In God's Word "The Fruit of the Spirit is Patience"  
Sanctuary Class – Milton Siepman

Pianist Wendy Barlow

*"Behold, now is  
the accepted  
time; behold,  
now is the day of  
salvation."*

2 Cor. 6:2b